

STEEPLE			
Points	1500m	2000m	3000m
51.0	3.42.8	5.05.8	7.59.9
50.9	3.43.3	5.06.6	8.01.0
50.8	3.43.9	5.07.3	8.02.3
50.7	3.44.5	5.08.1	8.03.5
50.6	3.45.0	5.08.9	8.04.8
50.5	3.45.6	5.09.7	8.06.0
50.4	3.46.2	5.10.5	8.07.3
50.3	3.46.7	5.11.3	8.08.5
50.2	3.47.3	5.12.0	8.09.8
50.1	3.47.9	5.12.8	8.11.0
50.0	3.48.5	5.13.6	8.12.2
49.9	3.49.0	5.14.4	8.13.5
49.8	3.49.6	5.15.2	8.14.7
49.7	3.50.2	5.16.0	8.16.0
49.6	3.50.8	5.16.8	8.17.2
49.5	3.51.4	5.17.6	8.18.5
49.4	3.52.0	5.18.4	8.19.7
49.3	3.52.6	5.19.2	8.21.0
49.2	3.53.2	5.20.0	8.22.3
49.1	3.53.8	5.20.9	8.23.6
49.0	3.54.4	5.21.7	8.24.8
48.9	3.55.0	5.22.5	8.26.1
48.8	3.55.6	5.23.3	8.27.4
48.7	3.56.2	5.24.2	8.28.7
48.6	3.56.8	5.25.0	8.30.0
48.5	3.57.4	5.25.8	8.31.3
48.4	3.58.0	5.26.7	8.32.6
48.3	3.58.6	5.27.5	8.33.9
48.2	3.59.2	5.28.3	8.35.2
48.1	3.59.8	5.29.2	8.36.5
48.0	4.00.4	5.30.0	8.37.8
47.9	4.01.0	5.30.8	8.39.2
47.8	4.01.6	5.31.6	8.40.5
47.7	4.02.3	5.32.5	8.41.8
47.6	4.02.9	5.33.3	8.43.1
47.5	4.03.5	5.34.1	8.44.4
47.4	4.04.1	5.35.0	8.45.7
47.3	4.04.8	5.35.8	8.47.1
47.2	4.05.4	5.36.7	8.48.4
47.1	4.06.0	5.37.5	8.49.7
47.0	4.06.6	5.38.4	8.51.1
46.9	4.07.3	5.39.3	8.52.4
46.8	4.07.9	5.40.1	8.53.8
46.7	4.08.5	5.41.0	8.55.1
46.6	4.09.2	5.41.9	8.56.5
46.5	4.09.8	5.42.7	8.57.9
46.4	4.10.4	5.43.5	8.59.2
46.3	4.11.1	5.44.4	9.00.6
46.2	4.11.7	5.45.3	9.02.0
46.1	4.12.3	5.46.2	9.03.4
46.0	4.12.9	5.47.0	9.04.7
45.9	4.13.6	5.47.9	9.06.1
45.8	4.14.2	5.48.8	9.07.5
45.7	4.14.9	5.49.7	9.08.9
45.6	4.15.5	5.50.6	9.10.3
45.5	4.16.2	5.51.5	9.11.7

STEEPLE			
Points	1500m	2000m	3000m
45.4	4.16.8	5.52.4	9.13.1
45.3	4.17.5	5.53.3	9.14.5
45.2	4.18.1	5.54.2	9.15.9
45.1	4.18.8	5.55.1	9.17.3
45.0	4.19.4	5.56.0	9.18.7
44.9	4.20.0	5.56.9	9.20.2
44.8	4.20.7	5.57.8	9.21.6
44.7	4.21.3	5.58.7	9.23.0
44.6	4.22.0	5.59.6	9.24.4
44.5	4.22.6	6.00.5	9.25.8
44.4	4.23.3	6.01.4	9.27.3
44.3	4.24.0	6.02.4	9.28.7
44.2	4.24.6	6.03.3	9.30.2
44.1	4.25.3	6.04.2	9.31.6
44.0	4.26.0	6.05.2	9.33.1
43.9	4.26.7	6.06.1	9.34.5
43.8	4.27.4	6.07.0	9.36.0
43.7	4.28.0	6.07.9	9.37.4
43.6	4.28.7	6.08.8	9.38.9
43.5	4.29.4	6.09.8	9.40.3
43.4	4.30.1	6.10.7	9.41.8
43.3	4.30.8	6.11.7	9.43.3
43.2	4.31.4	6.12.6	9.44.8
43.1	4.32.1	6.13.5	9.46.2
43.0	4.32.8	6.14.5	9.47.7
42.9	4.33.5	6.15.5	9.49.2
42.8	4.34.2	6.16.3	9.50.7
42.7	4.34.9	6.17.2	9.52.2
42.6	4.35.6	6.18.2	9.53.7
42.5	4.36.3	6.19.2	9.55.2
42.4	4.37.0	6.20.1	9.56.7
42.3	4.37.7	6.21.1	9.58.3
42.2	4.38.4	6.22.0	9.59.9
42.1	4.39.1	6.23.0	10.01.4
42.0	4.39.8	6.24.0	10.02.9
41.9	4.40.5	6.25.0	10.04.5
41.8	4.41.2	6.26.0	10.06.0
41.7	4.42.0	6.27.0	10.07.5
41.6	4.42.7	6.28.0	10.09.0
41.5	4.43.4	6.29.0	10.10.5
41.4	4.44.1	6.30.0	10.12.1
41.3	4.44.8	6.31.0	10.13.6
41.2	4.45.5	6.32.0	10.15.2
41.1	4.46.2	6.33.0	10.16.7
41.0	4.47.0	6.34.0	10.18.3
40.9	4.47.8	6.35.0	10.19.8
40.8	4.48.5	6.36.0	10.21.4
40.7	4.49.2	6.37.0	10.22.9
40.6	4.50.0	6.38.0	10.24.5
40.5	4.50.7	6.39.0	10.26.1
40.4	4.51.5	6.40.0	10.27.7
40.3	4.52.2	6.41.1	10.29.3
40.2	4.53.0	6.42.1	10.30.9
40.1	4.53.7	6.43.1	10.32.5
40.0	4.54.4	6.44.1	10.34.1
39.9	4.55.2	6.45.2	10.35.7

STEEPLE			
Points	1500m	2000m	3000m
39.8	4.55.9	6.46.2	10.37.3
39.7	4.56.7	6.47.2	10.39.0
39.6	4.57.5	6.48.2	10.40.6
39.5	4.58.2	6.49.2	10.42.2
39.4	4.59.0	6.50.3	10.43.9
39.3	4.59.7	6.51.3	10.45.5
39.2	5.00.5	6.52.4	10.47.2
39.1	5.01.2	6.53.4	10.48.8
39.0	5.01.9	6.54.5	10.50.5
38.9	5.02.7	6.55.5	10.52.1
38.8	5.03.5	6.56.6	10.53.8
38.7	5.04.2	6.57.6	10.55.4
38.6	5.05.0	6.58.7	10.57.1
38.5	5.05.8	6.59.7	10.58.7
38.4	5.06.6	7.00.8	11.00.4
38.3	5.07.3	7.01.9	11.02.1
38.2	5.08.1	7.02.9	11.03.7
38.1	5.08.9	7.04.0	11.05.4
38.0	5.09.7	7.05.1	11.07.1
37.9	5.10.5	7.06.1	11.08.8
37.8	5.11.3	7.07.2	11.10.5
37.7	5.12.0	7.08.3	11.12.2
37.6	5.12.8	7.09.3	11.13.9
37.5	5.13.6	7.10.4	11.15.6
37.4	5.14.4	7.11.5	11.17.3
37.3	5.15.2	7.12.6	11.19.0
37.2	5.16.0	7.13.7	11.20.8
37.1	5.16.8	7.14.8	11.22.5
37.0	5.17.6	7.15.9	11.24.2
36.9	5.18.4	7.17.0	11.26.0
36.8	5.19.3	7.18.1	11.27.7
36.7	5.20.1	7.19.2	11.29.4
36.6	5.20.9	7.20.3	11.31.1
36.5	5.21.7	7.21.5	11.32.9
36.4	5.22.5	7.22.6	11.34.6
36.3	5.23.4	7.23.7	11.36.4
36.2	5.24.2	7.24.9	11.38.2
36.1	5.25.0	7.26.0	11.40.0
36.0	5.25.8	7.27.1	11.41.7
35.9	5.26.6	7.28.2	11.43.5
35.8	5.27.5	7.29.4	11.45.3
35.7	5.28.3	7.30.5	11.47.1
35.6	5.29.1	7.31.6	11.48.9
35.5	5.30.0	7.32.8	11.50.7
35.4	5.30.8	7.33.9	11.52.5
35.3	5.31.6	7.35.1	11.54.3
35.2	5.32.5	7.36.2	11.56.2
35.1	5.33.3	7.37.4	11.58.0
35.0	5.34.1	7.38.5	11.59.8
34.9	5.35.0	7.39.7	12.01.6
34.8	5.35.8	7.40.8	12.03.5
34.7	5.36.7	7.42.0	12.05.3
34.6	5.37.5	7.43.2	12.07.1
34.5	5.38.4	7.44.4	12.08.9
34.4	5.39.3	7.45.5	12.10.8
34.3	5.40.1	7.46.7	12.12.7

STEEPLE			
Points	1500m	2000m	3000m
34.2	5.41.0	7.47.9	12.14.5
34.1	5.41.8	7.49.1	12.16.4
34.0	5.42.7	7.50.3	12.18.3
33.9	5.43.6	7.51.5	12.20.1
33.8	5.44.4	7.52.7	12.22.0
33.7	5.45.3	7.53.9	12.23.9
33.6	5.46.2	7.55.1	12.25.8
33.5	5.47.0	7.56.3	12.27.6
33.4	5.47.9	7.57.5	12.29.5
33.3	5.48.8	7.58.7	12.31.3
33.2	5.49.7	8.00.0	12.33.2
33.1	5.50.6	8.01.2	12.35.1
33.0	5.51.5	8.02.4	12.37.0
32.9	5.52.4	8.03.7	12.38.8
32.8	5.53.3	8.04.9	12.40.7
32.7	5.54.2	8.06.2	12.42.5
32.6	5.55.1	8.07.4	12.44.4
32.5	5.56.0	8.08.6	12.46.3
32.4	5.56.9	8.09.9	12.48.3
32.3	5.57.8	8.11.2	12.50.3
32.2	5.58.7	8.12.4	12.52.3
32.1	5.59.6	8.13.6	12.54.3
32.0	6.00.5	8.14.9	12.56.3
31.9	6.01.4	8.16.1	12.58.3
31.8	6.02.4	8.17.4	13.00.3
31.7	6.03.3	8.18.6	13.02.3
31.6	6.04.2	8.19.9	13.04.3
31.5	6.05.2	8.21.1	13.06.1
31.4	6.06.1	8.22.4	13.08.4
31.3	6.07.0	8.23.7	13.10.4
31.2	6.07.9	8.25.0	13.12.4
31.1	6.08.8	8.26.2	13.14.4
31.0	6.09.8	8.27.5	13.16.4
30.9	6.10.7	8.28.8	13.18.4
30.8	6.11.7	8.30.1	13.20.4
30.7	6.12.6	8.31.4	13.22.4
30.6	6.13.5	8.32.7	13.24.4
30.5	6.14.5	8.34.0	13.26.4
30.4	6.15.4	8.35.3	13.28.5
30.3	6.16.3	8.36.6	13.30.6
30.2	6.17.2	8.37.9	13.32.7
30.1	6.18.2	8.39.2	13.34.7
30.0	6.19.2	8.40.5	13.36.8
29.5	6.24.0	8.47.1	13.47.3
29.0	6.29.0	8.53.8	13.57.9
28.5	6.34.0	9.00.6	14.08.5
28.0	6.39.0	9.07.5	14.19.4
27.5	6.44.1	9.14.5	14.30.3
27.0	6.49.2	9.21.6	14.41.4
26.5	6.54.4	9.28.7	14.52.6
26.0	6.59.7	9.36.0	15.04.0
25.5	7.05.0	9.43.3	15.15.5
25.0	7.10.4	9.50.8	15.27.2
24.5	7.15.9	9.58.3	15.39.0
24.0	7.21.5	10.06.0	15.51.0
23.5	7.27.1	10.13.6	16.03.1

STEEPLE			
Points	1500m	2000m	3000m
23.0	7.32.8	10.21.4	16.15.4
22.5	7.38.6	10.29.3	16.27.8
22.0	7.44.4	10.37.3	16.40.4
21.5	7.50.3	10.45.5	16.53.0
21.0	7.56.3	10.53.8	17.06.0
20.5	8.02.4	11.02.1	17.19.0
20.0	8.08.6	11.10.5	17.32.0
19.5	8.14.9	11.19.0	17.46.0
19.0	8.21.1	11.27.7	17.59.0
18.5	8.27.5	11.36.4	18.13.0
18.0	8.34.0	11.45.3	18.27.0
17.5	8.40.5	11.54.3	18.41.0
17.0	8.47.1	12.03.5	18.55.0
16.5	8.53.8	12.12.7	19.10.0
16.0	9.00.6	12.22.0	19.24.0
15.5	9.07.5	12.31.3	19.39.0
15.0	9.14.5	12.40.7	19.54.0