

| COURSES |           |      |      |       |       |       |      |        |        |        |        |        |        |         |         |
|---------|-----------|------|------|-------|-------|-------|------|--------|--------|--------|--------|--------|--------|---------|---------|
| Points  | Distances |      |      |       |       |       |      |        |        |        |        |        |        |         |         |
|         | 50m       | 60m  | 80m  | 100m  | 200m  | 300m  | 400m | 600m   | 800m   | 1000m  | 1200m  | 1500m  | 3000m  | 5000m   | 10.000m |
| 51.0    | 5.46      | 6.47 | 8.11 | 9.86  | 19.68 | 31.41 | 43.7 | 1.12.7 | 1.40.9 | 2.12.4 | 2.42.5 | 3.27.5 | 7.27.0 | 12.47.3 | 26.35.0 |
| 50.9    |           | 6.48 | 8.13 | 9.87  | 19.72 | 31.47 | 43.8 | 1.12.9 | 1.41.1 | 2.12.7 | 2.42.8 | 3.27.9 | 7.28.0 | 12.49.0 | 26.39.0 |
| 50.8    | 5.47      | 6.49 | 8.14 | 9.89  | 19.75 | 31.53 | 43.9 | 1.13.1 | 1.41.3 | 2.13.0 | 2.43.1 | 3.28.4 | 7.29.1 | 12.50.7 | 26.43.0 |
| 50.7    | 5.48      | 6.50 | 8.15 | 9.90  | 19.79 | 31.59 | 44.0 | 1.13.2 | 1.41.5 | 2.13.3 | 2.43.5 | 3.28.8 | 7.30.1 | 12.52.4 | 26.47.0 |
| 50.6    |           | 6.51 | 8.16 | 9.92  | 19.82 | 31.65 | 44.1 | 1.13.4 | 1.41.7 | 2.13.5 | 2.43.8 | 3.29.2 | 7.31.1 | 12.54.1 | 26.51.0 |
| 50.5    | 5.49      | 6.52 | 8.17 | 9.94  | 19.86 | 31.71 | 44.2 | 1.13.5 | 1.41.9 | 2.13.8 | 2.44.1 | 3.29.6 | 7.32.1 | 12.55.9 | 26.55.0 |
| 50.4    | 5.50      | 6.53 | 8.19 | 9.95  | 19.89 | 31.77 | 44.2 | 1.13.7 | 1.42.1 | 2.14.1 | 2.44.5 | 3.30.1 | 7.33.1 | 12.57.7 | 26.59.0 |
| 50.3    |           | 6.54 | 8.20 | 9.97  | 19.93 | 31.83 | 44.3 | 1.13.8 | 1.42.4 | 2.14.3 | 2.44.8 | 3.30.5 | 7.34.1 | 12.59.6 | 27.03.0 |
| 50.2    | 5.51      | 6.55 | 8.21 | 9.98  | 19.96 | 31.89 | 44.4 | 1.14.0 | 1.42.6 | 2.14.6 | 2.45.2 | 3.31.0 | 7.35.1 | 13.01.4 | 27.07.0 |
| 50.1    | 5.52      | 6.56 | 8.23 | 10.00 | 20.00 | 31.95 | 44.5 | 1.14.1 | 1.42.8 | 2.14.9 | 2.45.5 | 3.31.4 | 7.36.2 | 13.03.3 | 27.11.0 |
| 50.0    | 5.53      | 6.57 | 8.24 | 10.01 | 20.03 | 32.01 | 44.6 | 1.14.3 | 1.43.0 | 2.15.1 | 2.45.9 | 3.31.9 | 7.37.2 | 13.05.1 | 27.15.0 |
| 49.9    |           | 6.58 | 8.25 | 10.03 | 20.07 | 32.07 | 44.7 | 1.14.4 | 1.43.2 | 2.15.4 | 2.46.2 | 3.32.3 | 7.38.2 | 13.07.0 | 27.19.0 |
| 49.8    | 5.54      | 6.59 | 8.27 | 10.04 | 20.10 | 32.13 | 44.8 | 1.14.6 | 1.43.4 | 2.15.7 | 2.46.5 | 3.32.8 | 7.39.2 | 13.08.8 | 27.23.0 |
| 49.7    | 5.55      | 6.60 | 8.28 | 10.06 | 20.14 | 32.19 | 44.9 | 1.14.7 | 1.43.6 | 2.15.9 | 2.46.9 | 3.33.2 | 7.40.3 | 13.10.6 | 27.27.0 |
| 49.6    | 5.56      | 6.61 | 8.29 | 10.08 | 20.17 | 32.25 | 45.0 | 1.14.9 | 1.43.8 | 2.16.2 | 2.47.2 | 3.33.7 | 7.41.3 | 13.12.5 | 27.31.0 |
| 49.5    |           | 6.62 | 8.30 | 10.10 | 20.21 | 32.32 | 45.0 | 1.15.0 | 1.44.0 | 2.16.4 | 2.47.6 | 3.34.1 | 7.42.3 | 13.14.4 | 27.35.0 |
| 49.4    | 5.57      | 6.63 | 8.31 | 10.11 | 20.24 | 32.38 | 45.1 | 1.15.2 | 1.44.2 | 2.16.7 | 2.47.9 | 3.34.6 | 7.43.4 | 13.16.2 | 27.39.0 |
| 49.3    | 5.58      | 6.64 | 8.33 | 10.13 | 20.28 | 32.44 | 45.2 | 1.15.4 | 1.44.5 | 2.17.0 | 2.48.3 | 3.35.0 | 7.44.4 | 13.18.1 | 27.43.0 |
| 49.2    | 5.59      | 6.65 | 8.34 | 10.14 | 20.31 | 32.50 | 45.3 | 1.15.5 | 1.44.7 | 2.17.2 | 2.48.6 | 3.35.5 | 7.45.4 | 13.20.0 | 27.47.0 |
| 49.1    | 5.60      | 6.66 | 8.35 | 10.16 | 20.35 | 32.56 | 45.4 | 1.15.7 | 1.44.9 | 2.17.5 | 2.49.0 | 3.36.0 | 7.46.5 | 13.21.8 | 27.51.0 |
| 49.0    | 5.61      | 6.67 | 8.36 | 10.17 | 20.39 | 32.63 | 45.5 | 1.15.8 | 1.45.1 | 2.17.8 | 2.49.3 | 3.36.4 | 7.47.5 | 13.23.7 | 27.55.0 |
| 48.9    |           | 6.68 | 8.38 | 10.19 | 20.43 | 32.69 | 45.6 | 1.16.0 | 1.45.3 | 2.18.1 | 2.49.7 | 3.36.9 | 7.48.6 | 13.25.6 | 28.00.0 |
| 48.8    | 5.62      | 6.69 | 8.39 | 10.20 | 20.46 | 32.75 | 45.7 | 1.16.1 | 1.45.5 | 2.18.4 | 2.50.0 | 3.37.3 | 7.49.6 | 13.27.5 | 28.04.0 |
| 48.7    | 5.63      | 6.70 | 8.40 | 10.22 | 20.50 | 32.82 | 45.8 | 1.16.3 | 1.45.7 | 2.18.7 | 2.50.4 | 3.37.8 | 7.50.7 | 13.29.4 | 28.08.0 |
| 48.6    | 5.64      | 6.71 | 8.41 | 10.24 | 20.54 | 32.88 | 45.9 | 1.16.4 | 1.45.9 | 2.18.9 | 2.50.8 | 3.38.3 | 7.51.8 | 13.31.3 | 28.12.0 |
| 48.5    |           | 6.72 | 8.42 | 10.26 | 20.57 | 32.94 | 46.0 | 1.16.6 | 1.46.1 | 2.19.2 | 2.51.1 | 3.38.8 | 7.52.8 | 13.33.2 | 28.16.0 |
| 48.4    | 5.65      | 6.73 | 8.44 | 10.27 | 20.61 | 33.00 | 46.1 | 1.16.7 | 1.46.4 | 2.19.5 | 2.51.5 | 3.39.2 | 7.53.9 | 13.35.1 | 28.21.0 |
| 48.3    | 5.66      | 6.74 | 8.45 | 10.29 | 20.65 | 33.07 | 46.2 | 1.16.9 | 1.46.6 | 2.19.8 | 2.51.8 | 3.39.7 | 7.55.0 | 13.37.0 | 28.25.0 |
| 48.2    | 5.67      | 6.75 | 8.46 | 10.30 | 20.68 | 33.13 | 46.2 | 1.17.0 | 1.46.8 | 2.20.1 | 2.52.2 | 3.40.2 | 7.56.0 | 13.39.0 | 28.29.0 |
| 48.1    | 5.68      | 6.76 | 8.47 | 10.32 | 20.72 | 33.20 | 46.3 | 1.17.2 | 1.47.0 | 2.20.4 | 2.52.5 | 3.40.7 | 7.57.1 | 13.40.9 | 28.33.0 |
| 48.0    | 5.69      | 6.77 | 8.49 | 10.33 | 20.76 | 33.26 | 46.4 | 1.17.3 | 1.47.3 | 2.20.7 | 2.52.9 | 3.41.2 | 7.58.2 | 13.42.9 | 28.38.0 |
| 47.9    |           | 6.78 | 8.50 | 10.35 | 20.80 | 33.32 | 46.5 | 1.17.5 | 1.47.5 | 2.21.0 | 2.53.3 | 3.41.6 | 7.59.3 | 13.44.8 | 28.42.0 |
| 47.8    | 5.70      | 6.79 | 8.52 | 10.36 | 20.83 | 33.39 | 46.6 | 1.17.7 | 1.47.7 | 2.21.2 | 2.53.7 | 3.42.1 | 8.00.4 | 13.46.8 | 28.46.0 |
| 47.7    | 5.71      | 6.80 | 8.53 | 10.38 | 20.87 | 33.45 | 46.7 | 1.17.8 | 1.47.9 | 2.21.5 | 2.54.0 | 3.42.6 | 8.01.5 | 13.48.7 | 28.50.0 |

| COURSES |           |      |      |       |       |       |      |        |        |        |        |        |        |         |         |
|---------|-----------|------|------|-------|-------|-------|------|--------|--------|--------|--------|--------|--------|---------|---------|
| Points  | Distances |      |      |       |       |       |      |        |        |        |        |        |        |         |         |
|         | 50m       | 60m  | 80m  | 100m  | 200m  | 300m  | 400m | 600m   | 800m   | 1000m  | 1200m  | 1500m  | 3000m  | 5000m   | 10.000m |
| 47.6    | 5.72      | 6.81 | 8.54 | 10.40 | 20.91 | 33.52 | 46.8 | 1.18.0 | 1.48.1 | 2.21.8 | 2.54.4 | 3.43.0 | 8.02.6 | 13.50.7 | 28.55.0 |
| 47.5    | 5.73      | 6.82 | 8.56 | 10.42 | 20.95 | 33.58 | 46.9 | 1.18.1 | 1.48.3 | 2.22.1 | 2.54.8 | 3.43.5 | 8.03.7 | 13.52.6 | 28.59.0 |
| 47.4    |           | 6.83 | 8.57 | 10.43 | 20.99 | 33.65 | 47.0 | 1.18.3 | 1.48.6 | 2.22.4 | 2.55.1 | 3.44.0 | 8.04.8 | 13.54.6 | 29.03.0 |
| 47.3    | 5.74      | 6.84 | 8.59 | 10.45 | 21.02 | 33.71 | 47.1 | 1.18.4 | 1.48.8 | 2.22.7 | 2.55.5 | 3.44.4 | 8.05.9 | 13.56.6 | 29.07.0 |
| 47.2    | 5.75      | 6.85 | 8.60 | 10.47 | 21.06 | 33.78 | 47.2 | 1.18.6 | 1.49.0 | 2.23.0 | 2.55.8 | 3.44.9 | 8.07.0 | 13.58.5 | 29.12.0 |
| 47.1    | 5.76      | 6.86 | 8.61 | 10.48 | 21.10 | 33.84 | 47.3 | 1.18.7 | 1.49.2 | 2.23.3 | 2.56.2 | 3.45.4 | 8.08.1 | 14.00.5 | 29.16.0 |
| 47.0    | 5.77      | 6.87 | 8.63 | 10.50 | 21.14 | 33.91 | 47.4 | 1.18.9 | 1.49.5 | 2.23.6 | 2.56.6 | 3.45.8 | 8.09.2 | 14.02.4 | 29.20.0 |
| 46.9    |           | 6.88 | 8.64 | 10.52 | 21.18 | 33.97 | 47.5 | 1.19.1 | 1.49.7 | 2.23.9 | 2.56.9 | 3.46.3 | 8.10.3 | 14.04.4 | 29.25.0 |
| 46.8    | 5.78      | 6.89 | 8.65 | 10.53 | 21.21 | 34.04 | 47.6 | 1.19.2 | 1.49.9 | 2.24.2 | 2.57.3 | 3.46.8 | 8.11.4 | 14.06.4 | 29.29.0 |
| 46.7    | 5.79      | 6.90 | 8.66 | 10.55 | 21.25 | 34.10 | 47.7 | 1.19.4 | 1.50.1 | 2.24.5 | 2.57.7 | 3.47.2 | 8.12.5 | 14.08.4 | 29.34.0 |
| 46.6    | 5.80      | 6.91 | 8.67 | 10.57 | 21.29 | 34.17 | 47.8 | 1.19.5 | 1.50.3 | 2.24.8 | 2.58.0 | 3.47.7 | 8.13.6 | 14.10.4 | 29.38.0 |
| 46.5    | 5.81      | 6.92 | 8.69 | 10.59 | 21.33 | 34.23 | 47.9 | 1.19.7 | 1.50.5 | 2.25.1 | 2.58.4 | 3.48.2 | 8.14.7 | 14.12.4 | 29.43.0 |
| 46.4    |           | 6.93 | 8.70 | 10.60 | 21.37 | 34.30 | 48.0 | 1.19.9 | 1.50.8 | 2.25.4 | 2.58.8 | 3.48.7 | 8.15.8 | 14.14.5 | 29.47.0 |
| 46.3    | 5.82      | 6.94 | 8.72 | 10.62 | 21.40 | 34.37 | 48.1 | 1.20.0 | 1.51.0 | 2.25.7 | 2.59.1 | 3.49.2 | 8.16.9 | 14.16.5 | 29.52.0 |
| 46.2    | 5.83      | 6.95 | 8.74 | 10.64 | 21.44 | 34.43 | 48.2 | 1.20.2 | 1.51.3 | 2.26.0 | 2.59.5 | 3.49.7 | 8.18.0 | 14.18.5 | 29.56.0 |
| 46.1    | 5.84      | 6.96 | 8.75 | 10.65 | 21.48 | 34.50 | 48.3 | 1.20.3 | 1.51.5 | 2.26.3 | 2.59.9 | 3.50.1 | 8.19.2 | 14.20.5 | 30.01.0 |
| 46.0    | 5.85      | 6.97 | 8.76 | 10.67 | 21.52 | 34.57 | 48.4 | 1.20.5 | 1.51.7 | 2.26.6 | 3.00.2 | 3.50.6 | 8.20.3 | 14.22.6 | 30.05.0 |
| 45.9    | 5.86      | 6.98 | 8.78 | 10.69 | 21.56 | 34.63 | 48.5 | 1.20.7 | 1.51.9 | 2.26.9 | 3.00.6 | 3.51.1 | 8.21.4 | 14.24.6 | 30.10.0 |
| 45.8    | 5.87      | 6.99 | 8.80 | 10.70 | 21.60 | 34.70 | 48.5 | 1.20.8 | 1.52.2 | 2.27.2 | 3.01.0 | 3.51.6 | 8.22.5 | 14.26.6 | 30.14.0 |
| 45.7    |           | 7.00 | 8.81 | 10.72 | 21.63 | 34.77 | 48.6 | 1.21.0 | 1.52.4 | 2.27.5 | 3.01.3 | 3.52.1 | 8.23.7 | 14.28.6 | 30.19.0 |
| 45.6    | 5.88      | 7.02 | 8.82 | 10.74 | 21.67 | 34.83 | 48.7 | 1.21.1 | 1.52.6 | 2.27.8 | 3.01.7 | 3.52.6 | 8.24.8 | 14.30.6 | 30.23.0 |
| 45.5    | 5.89      | 7.03 | 8.83 | 10.76 | 21.71 | 34.90 | 48.8 | 1.21.3 | 1.52.8 | 2.28.1 | 3.02.1 | 3.53.1 | 8.26.0 | 14.32.6 | 30.28.0 |
| 45.4    | 5.90      | 7.04 | 8.85 | 10.77 | 21.75 | 34.97 | 48.9 | 1.21.5 | 1.53.1 | 2.28.4 | 3.02.5 | 3.53.6 | 8.27.1 | 14.34.7 | 30.32.0 |
| 45.3    | 5.91      | 7.05 | 8.86 | 10.79 | 21.79 | 35.04 | 49.0 | 1.21.6 | 1.53.3 | 2.28.7 | 3.02.8 | 3.54.1 | 8.28.3 | 14.36.8 | 30.37.0 |
| 45.2    | 5.92      | 7.06 | 8.88 | 10.80 | 21.83 | 35.11 | 49.1 | 1.21.8 | 1.53.5 | 2.29.0 | 3.03.2 | 3.54.6 | 8.29.4 | 14.38.9 | 30.41.0 |
| 45.1    |           | 7.07 | 8.89 | 10.82 | 21.87 | 35.18 | 49.2 | 1.22.0 | 1.53.7 | 2.29.3 | 3.03.6 | 3.55.1 | 8.30.6 | 14.41.0 | 30.46.0 |
| 45.0    | 5.93      | 7.08 | 8.90 | 10.84 | 21.91 | 35.24 | 49.3 | 1.22.1 | 1.53.9 | 2.29.6 | 3.04.0 | 3.55.6 | 8.31.7 | 14.43.1 | 30.50.0 |
| 44.9    | 5.94      | 7.09 | 8.92 | 10.86 | 21.95 | 35.31 | 49.4 | 1.22.3 | 1.54.1 | 2.29.9 | 3.04.4 | 3.56.1 | 8.32.9 | 14.45.2 | 30.55.0 |
| 44.8    | 5.95      | 7.10 | 8.93 | 10.88 | 21.99 | 35.38 | 49.5 | 1.22.5 | 1.54.4 | 2.30.2 | 3.04.8 | 3.56.7 | 8.34.0 | 14.47.3 | 31.00.0 |
| 44.7    | 5.96      | 7.11 | 8.95 | 10.90 | 22.03 | 35.45 | 49.6 | 1.22.6 | 1.54.6 | 2.30.5 | 3.05.1 | 3.57.1 | 8.35.2 | 14.49.4 | 31.04.0 |
| 44.6    | 5.97      | 7.12 | 8.96 | 10.92 | 22.07 | 35.52 | 49.7 | 1.22.8 | 1.54.8 | 2.30.8 | 3.05.5 | 3.57.6 | 8.36.4 | 14.51.5 | 31.09.0 |
| 44.5    | 5.98      | 7.13 | 8.97 | 10.94 | 22.11 | 35.59 | 49.8 | 1.23.0 | 1.55.1 | 2.31.2 | 3.05.9 | 3.58.2 | 8.37.5 | 14.53.6 | 31.14.0 |
| 44.4    | 5.99      | 7.14 | 8.99 | 10.95 | 22.15 | 35.66 | 49.9 | 1.23.2 | 1.55.3 | 2.31.5 | 3.06.3 | 3.58.7 | 8.38.7 | 14.55.8 | 31.18.0 |
| 44.3    |           | 7.15 | 9.00 | 10.97 | 22.19 | 35.73 | 50.0 | 1.23.3 | 1.55.5 | 2.31.8 | 3.06.7 | 3.59.2 | 8.39.9 | 14.58.0 | 31.23.0 |

| COURSES |           |      |      |       |       |       |      |        |        |        |        |        |        |         |         |
|---------|-----------|------|------|-------|-------|-------|------|--------|--------|--------|--------|--------|--------|---------|---------|
| Points  | Distances |      |      |       |       |       |      |        |        |        |        |        |        |         |         |
|         | 50m       | 60m  | 80m  | 100m  | 200m  | 300m  | 400m | 600m   | 800m   | 1000m  | 1200m  | 1500m  | 3000m  | 5000m   | 10.000m |
| 44.2    | 6.00      | 7.16 | 9.02 | 10.99 | 22.23 | 35.80 | 50.1 | 1.23.5 | 1.55.8 | 2.32.1 | 3.07.1 | 3.59.7 | 8.41.0 | 15.00.0 | 31.28.0 |
| 44.1    | 6.01      | 7.17 | 9.03 | 11.00 | 22.27 | 35.87 | 50.3 | 1.23.7 | 1.56.0 | 2.32.4 | 3.07.5 | 4.00.2 | 8.42.2 | 15.02.0 | 31.32.0 |
| 44.0    | 6.02      | 7.18 | 9.04 | 11.02 | 22.31 | 35.94 | 50.4 | 1.23.8 | 1.56.2 | 2.32.7 | 3.07.9 | 4.00.8 | 8.43.4 | 15.04.0 | 31.37.0 |
| 43.9    | 6.03      | 7.19 | 9.06 | 11.04 | 22.35 | 36.01 | 50.5 | 1.24.0 | 1.56.4 | 2.33.0 | 3.08.3 | 4.01.3 | 8.44.6 | 15.07.0 | 31.42.0 |
| 43.8    | 6.04      | 7.20 | 9.07 | 11.05 | 22.39 | 36.08 | 50.6 | 1.24.1 | 1.56.6 | 2.33.3 | 3.08.7 | 4.01.8 | 8.45.8 | 15.09.0 | 31.47.0 |
| 43.7    | 6.05      | 7.21 | 9.08 | 11.07 | 22.43 | 36.15 | 50.7 | 1.24.3 | 1.56.9 | 2.33.7 | 3.09.1 | 4.02.3 | 8.47.0 | 15.11.0 | 31.52.0 |
| 43.6    | 6.06      | 7.22 | 9.10 | 11.09 | 22.47 | 36.22 | 50.8 | 1.24.5 | 1.57.1 | 2.34.0 | 3.09.5 | 4.02.8 | 8.48.2 | 15.13.0 | 31.56.0 |
| 43.5    | 6.07      | 7.23 | 9.11 | 11.11 | 22.51 | 36.29 | 50.9 | 1.24.7 | 1.57.4 | 2.34.3 | 3.09.9 | 4.03.4 | 8.49.5 | 15.15.0 | 32.01.0 |
| 43.4    |           | 7.24 | 9.12 | 11.12 | 22.56 | 36.36 | 51.0 | 1.24.9 | 1.57.6 | 2.34.6 | 3.10.3 | 4.03.9 | 8.50.7 | 15.17.0 | 32.06.0 |
| 43.3    | 6.08      | 7.26 | 9.14 | 11.14 | 22.60 | 36.43 | 51.1 | 1.25.0 | 1.57.8 | 2.34.9 | 3.10.7 | 4.04.4 | 8.51.9 | 15.20.0 | 32.10.0 |
| 43.2    | 6.09      | 7.27 | 9.15 | 11.16 | 22.64 | 36.50 | 51.2 | 1.25.2 | 1.58.1 | 2.35.3 | 3.11.1 | 4.04.9 | 8.53.1 | 15.22.0 | 32.15.0 |
| 43.1    | 6.10      | 7.28 | 9.16 | 11.18 | 22.68 | 36.58 | 51.3 | 1.25.4 | 1.58.3 | 2.35.6 | 3.11.5 | 4.05.5 | 8.54.3 | 15.24.0 | 32.20.0 |
| 43.0    | 6.11      | 7.29 | 9.18 | 11.20 | 22.72 | 36.65 | 51.4 | 1.25.6 | 1.58.6 | 2.35.9 | 3.11.9 | 4.06.0 | 8.55.5 | 15.26.0 | 32.25.0 |
| 42.9    | 6.12      | 7.30 | 9.19 | 11.21 | 22.76 | 36.72 | 51.5 | 1.25.7 | 1.58.8 | 2.36.2 | 3.12.3 | 4.06.5 | 8.56.7 | 15.29.0 | 32.30.0 |
| 42.8    | 6.13      | 7.31 | 9.20 | 11.23 | 22.81 | 36.79 | 51.6 | 1.25.9 | 1.59.1 | 2.36.5 | 3.12.7 | 4.07.0 | 8.58.0 | 15.31.0 | 32.35.0 |
| 42.7    | 6.14      | 7.32 | 9.22 | 11.25 | 22.85 | 36.86 | 51.7 | 1.26.1 | 1.59.3 | 2.36.9 | 3.13.1 | 4.07.5 | 8.59.2 | 15.33.0 | 32.39.0 |
| 42.6    | 6.15      | 7.33 | 9.23 | 11.27 | 22.89 | 36.94 | 51.8 | 1.26.3 | 1.59.6 | 2.37.2 | 3.13.5 | 4.08.0 | 9.00.4 | 15.35.0 | 32.44.0 |
| 42.5    | 6.16      | 7.34 | 9.25 | 11.29 | 22.93 | 37.01 | 51.9 | 1.26.5 | 1.59.8 | 2.37.5 | 3.14.0 | 4.08.5 | 9.01.7 | 15.37.0 | 32.49.0 |
| 42.4    |           | 7.36 | 9.26 | 11.30 | 22.98 | 37.08 | 52.0 | 1.26.7 | 2.00.0 | 2.37.8 | 3.14.4 | 4.09.1 | 9.02.9 | 15.39.0 | 32.54.0 |
| 42.3    | 6.17      | 7.37 | 9.27 | 11.32 | 23.02 | 37.15 | 52.1 | 1.26.8 | 2.00.3 | 2.38.1 | 3.14.8 | 4.09.6 | 9.04.2 | 15.41.0 | 32.59.0 |
| 42.2    | 6.18      | 7.38 | 9.29 | 11.34 | 23.06 | 37.23 | 52.2 | 1.27.0 | 2.00.5 | 2.38.5 | 3.15.2 | 4.10.1 | 9.05.4 | 15.44.0 | 33.04.0 |
| 42.1    | 6.19      | 7.39 | 9.30 | 11.36 | 23.10 | 37.30 | 52.3 | 1.27.2 | 2.00.7 | 2.38.8 | 3.15.6 | 4.10.7 | 9.06.7 | 15.46.0 | 33.09.0 |
| 42.0    | 6.20      | 7.40 | 9.32 | 11.38 | 23.14 | 37.37 | 52.4 | 1.27.3 | 2.01.1 | 2.39.1 | 3.16.0 | 4.11.2 | 9.07.9 | 15.48.0 | 33.14.0 |
| 41.9    | 6.21      | 7.41 | 9.33 | 11.40 | 23.18 | 37.45 | 52.5 | 1.27.5 | 2.01.2 | 2.39.5 | 3.16.4 | 4.11.8 | 9.09.9 | 15.50.0 | 33.19.0 |
| 41.8    | 6.22      | 7.42 | 9.35 | 11.42 | 23.23 | 37.52 | 52.7 | 1.27.7 | 2.01.5 | 2.39.8 | 3.16.8 | 4.12.3 | 9.10.3 | 15.53.0 | 33.24.0 |
| 41.7    | 6.23      | 7.43 | 9.37 | 11.44 | 23.27 | 37.60 | 52.8 | 1.27.8 | 2.01.8 | 2.40.1 | 3.17.2 | 4.12.9 | 9.11.6 | 15.55.0 | 33.30.0 |
| 41.6    | 6.24      | 7.44 | 9.38 | 11.46 | 23.31 | 37.67 | 52.9 | 1.28.0 | 2.02.0 | 2.40.5 | 3.17.7 | 4.13.4 | 9.12.8 | 15.57.0 | 33.35.0 |
| 41.5    | 6.25      | 7.45 | 9.40 | 11.48 | 23.36 | 37.75 | 53.0 | 1.28.2 | 2.02.3 | 2.40.8 | 3.18.1 | 4.14.0 | 9.14.1 | 15.59.0 | 33.40.0 |
| 41.4    |           | 7.47 | 9.41 | 11.49 | 23.40 | 37.82 | 53.1 | 1.28.4 | 2.02.5 | 2.41.1 | 3.18.5 | 4.14.5 | 9.15.3 | 16.02.0 | 33.45.0 |
| 41.3    | 6.26      | 7.48 | 9.43 | 11.51 | 23.44 | 37.89 | 53.2 | 1.28.6 | 2.02.8 | 2.41.5 | 3.18.9 | 4.15.1 | 9.16.6 | 16.04.0 | 33.50.0 |
| 41.2    | 6.27      | 7.49 | 9.45 | 11.53 | 23.49 | 37.97 | 53.3 | 1.28.7 | 2.03.0 | 2.41.8 | 3.19.3 | 4.15.6 | 9.17.8 | 16.06.0 | 33.55.0 |
| 41.1    | 6.28      | 7.50 | 9.46 | 11.55 | 23.53 | 38.04 | 53.4 | 1.28.9 | 2.03.3 | 2.42.1 | 3.19.7 | 4.16.2 | 9.19.1 | 16.09.0 | 34.00.0 |
| 41.0    | 6.29      | 7.51 | 9.48 | 11.57 | 23.57 | 38.12 | 53.5 | 1.29.1 | 2.03.5 | 2.42.5 | 3.20.1 | 4.16.7 | 9.50.4 | 16.11.0 | 34.05.0 |
| 40.9    | 6.30      | 7.53 | 9.49 | 11.58 | 23.61 | 38.19 | 53.6 | 1.29.2 | 2.03.8 | 2.42.8 | 3.20.5 | 4.17.3 | 9.21.7 | 16.13.0 | 34.10.0 |

| COURSES |           |      |       |       |       |       |      |        |        |        |        |        |         |         |         |
|---------|-----------|------|-------|-------|-------|-------|------|--------|--------|--------|--------|--------|---------|---------|---------|
| Points  | Distances |      |       |       |       |       |      |        |        |        |        |        |         |         |         |
|         | 50m       | 60m  | 80m   | 100m  | 200m  | 300m  | 400m | 600m   | 800m   | 1000m  | 1200m  | 1500m  | 3000m   | 5000m   | 10.000m |
| 40.8    | 6.31      | 7.54 | 9.50  | 11.60 | 23.66 | 38.27 | 53.7 | 1.29.4 | 2.04.0 | 2.43.1 | 3.21.0 | 4.17.8 | 9.23.0  | 16.16.0 | 34.16.0 |
| 40.7    | 6.32      | 7.55 | 9.52  | 11.62 | 23.70 | 38.34 | 53.8 | 1.29.6 | 2.04.3 | 2.43.5 | 3.21.4 | 4.18.4 | 9.21.3  | 16.18.0 | 34.21.0 |
| 40.6    | 6.33      | 7.56 | 9.54  | 11.64 | 23.74 | 38.42 | 53.9 | 1.29.8 | 2.04.5 | 2.43.8 | 3.21.8 | 4.18.9 | 9.25.6  | 16.20.0 | 34.26.0 |
| 40.5    | 6.34      | 7.57 | 9.55  | 11.66 | 23.79 | 38.49 | 54.1 | 1.30.0 | 2.04.9 | 2.44.1 | 3.22.3 | 4.19.5 | 9.26.9  | 16.22.0 | 34.31.0 |
| 40.4    |           | 7.59 | 9.57  | 11.67 | 23.83 | 38.57 | 54.2 | 1.30.2 | 2.05.0 | 2.44.5 | 3.22.7 | 4.20.0 | 9.28.2  | 16.25.0 | 34.37.0 |
| 40.3    | 6.35      | 7.60 | 9.58  | 11.69 | 23.87 | 38.64 | 54.3 | 1.30.4 | 2.05.3 | 2.44.8 | 3.23.1 | 4.20.6 | 9.29.5  | 16.27.0 | 34.42.0 |
| 40.2    | 6.36      | 7.61 | 9.60  | 11.71 | 23.92 | 38.72 | 54.4 | 1.30.6 | 2.05.5 | 2.45.2 | 3.23.6 | 4.21.2 | 9.31.8  | 16.29.0 | 34.47.0 |
| 40.1    | 6.37      | 7.62 | 9.61  | 11.73 | 23.96 | 38.79 | 54.5 | 1.30.7 | 2.05.8 | 2.45.5 | 3.24.0 | 4.21.7 | 9.32.1  | 16.32.0 | 34.52.0 |
| 40.0    | 6.38      | 7.63 | 9.63  | 11.75 | 24.00 | 38.87 | 54.6 | 1.30.9 | 2.06.0 | 2.45.9 | 3.24.4 | 4.22.2 | 9.33.4  | 16.34.0 | 34.57.0 |
| 39.9    | 6.39      | 7.64 | 9.64  | 11.77 | 24.04 | 38.95 | 54.7 | 1.31.1 | 2.06.3 | 2.46.2 | 3.24.8 | 4.22.8 | 9.34.7  | 16.37.0 | 35.03.0 |
| 39.8    | 6.40      | 7.66 | 9.66  | 11.79 | 24.09 | 39.02 | 54.8 | 1.31.3 | 2.06.6 | 2.46.5 | 3.25.3 | 4.23.3 | 9.36.0  | 16.39.0 | 35.08.0 |
| 39.7    | 6.41      | 7.67 | 9.67  | 11.81 | 24.13 | 39.10 | 54.9 | 1.31.5 | 2.06.8 | 2.46.9 | 3.25.7 | 4.23.9 | 9.37.4  | 16.42.0 | 35.13.0 |
| 39.6    | 6.42      | 7.68 | 9.69  | 11.83 | 24.18 | 39.18 | 55.1 | 1.31.7 | 2.07.1 | 2.47.2 | 3.26.1 | 4.24.5 | 9.38.7  | 16.44.0 | 35.19.0 |
| 39.5    | 6.43      | 7.69 | 9.70  | 11.85 | 24.22 | 39.25 | 55.2 | 1.31.9 | 2.07.4 | 2.47.6 | 3.26.6 | 4.25.0 | 9.40.0  | 16.46.0 | 35.24.0 |
| 39.4    |           | 7.70 | 9.72  | 11.87 | 24.27 | 39.33 | 55.3 | 1.32.1 | 2.07.6 | 2.47.9 | 3.27.0 | 4.25.6 | 9.41.1  | 16.49.0 | 35.29.0 |
| 39.3    | 6.44      | 7.72 | 9.74  | 11.89 | 24.31 | 39.41 | 55.4 | 1.32.3 | 2.07.9 | 2.48.3 | 3.27.5 | 4.26.2 | 9.42.7  | 16.51.0 | 35.34.0 |
| 39.2    | 6.45      | 7.73 | 9.75  | 11.91 | 24.36 | 39.49 | 55.5 | 1.32.5 | 2.08.2 | 2.48.6 | 3.27.9 | 4.26.8 | 9.44.0  | 16.53.0 | 35.40.0 |
| 39.1    | 6.46      | 7.74 | 9.77  | 11.93 | 24.40 | 39.56 | 55.6 | 1.32.6 | 2.08.4 | 2.49.0 | 3.28.4 | 4.27.4 | 9.45.3  | 16.56.0 | 35.45.0 |
| 39.0    | 6.47      | 7.75 | 9.78  | 11.95 | 24.45 | 39.64 | 55.7 | 1.32.8 | 2.08.7 | 2.49.3 | 3.28.8 | 4.27.9 | 9.46.6  | 16.58.0 | 35.50.0 |
| 38.9    | 6.48      | 7.77 | 9.80  | 11.97 | 24.49 | 39.72 | 55.8 | 1.33.0 | 2.08.9 | 2.49.7 | 3.29.2 | 4.28.5 | 9.47.9  | 17.01.0 | 35.56.0 |
| 38.8    | 6.49      | 7.78 | 9.81  | 11.99 | 24.54 | 39.80 | 55.9 | 1.33.2 | 2.09.2 | 2.50.0 | 3.29.6 | 4.29.1 | 9.49.3  | 17.03.0 | 36.01.0 |
| 38.7    | 6.50      | 7.79 | 9.83  | 12.01 | 24.58 | 39.88 | 56.1 | 1.33.4 | 2.09.4 | 2.50.4 | 3.30.1 | 4.29.7 | 9.50.6  | 17.06.0 | 36.06.0 |
| 38.6    | 6.51      | 7.80 | 9.84  | 12.03 | 24.63 | 39.96 | 56.2 | 1.33.6 | 2.09.7 | 2.50.8 | 3.30.5 | 4.30.3 | 9.52.0  | 17.08.0 | 36.12.0 |
| 38.5    | 6.52      | 7.81 | 9.86  | 12.05 | 24.67 | 40.04 | 56.3 | 1.33.8 | 2.10.0 | 2.51.1 | 3.31.0 | 4.30.9 | 9.53.3  | 17.10.0 | 36.17.0 |
| 38.4    | 6.53      | 7.83 | 9.87  | 12.07 | 24.72 | 40.12 | 56.4 | 1.34.0 | 2.10.2 | 2.51.5 | 3.31.4 | 4.31.4 | 9.54.7  | 17.13.0 | 36.23.0 |
| 38.3    | 6.54      | 7.84 | 9.89  | 12.09 | 24.76 | 40.20 | 56.5 | 1.34.2 | 2.10.5 | 2.51.8 | 3.31.9 | 4.32.0 | 9.56.0  | 17.15.0 | 36.28.0 |
| 38.2    | 6.55      | 7.85 | 9.90  | 12.11 | 24.81 | 40.28 | 56.6 | 1.34.4 | 2.10.8 | 2.52.2 | 3.32.3 | 4.32.6 | 9.57.4  | 17.18.0 | 36.34.0 |
| 38.1    | 6.56      | 7.86 | 9.92  | 12.13 | 24.85 | 40.36 | 56.8 | 1.34.6 | 2.11.0 | 2.52.5 | 3.32.8 | 4.33.2 | 9.58.7  | 17.20.0 | 36.39.0 |
| 38.0    | 6.57      | 7.87 | 9.94  | 12.15 | 24.90 | 40.44 | 56.9 | 1.34.8 | 2.11.3 | 2.52.9 | 3.33.2 | 4.33.8 | 10.00.0 | 17.23.0 | 36.45.0 |
| 37.9    | 6.58      | 7.89 | 9.95  | 12.17 | 24.94 | 40.52 | 57.0 | 1.35.0 | 2.11.6 | 2.53.3 | 3.33.7 | 4.34.4 | 10.01.0 | 17.25.0 | 36.50.0 |
| 37.8    | 6.59      | 7.90 | 9.97  | 12.19 | 24.99 | 40.60 | 57.1 | 1.35.2 | 2.11.8 | 2.53.7 | 3.34.1 | 4.35.0 | 10.02.0 | 17.28.0 | 36.56.0 |
| 37.7    | 6.60      | 7.91 | 9.98  | 12.21 | 25.04 | 40.68 | 57.2 | 1.35.3 | 2.12.1 | 2.54.0 | 3.34.6 | 4.35.6 | 10.04.0 | 17.30.0 | 37.01.0 |
| 37.6    | 6.61      | 7.92 | 10.00 | 12.23 | 25.08 | 40.76 | 57.3 | 1.35.5 | 2.12.4 | 2.54.4 | 3.35.0 | 4.36.2 | 10.05.0 | 17.33.0 | 37.07.0 |
| 37.5    | 6.62      | 7.93 | 10.02 | 12.25 | 25.13 | 40.84 | 57.4 | 1.35.7 | 2.12.7 | 2.54.8 | 3.35.5 | 4.36.8 | 10.07.0 | 17.35.0 | 37.13.0 |

| <b>COURSES</b> |                  |            |            |             |             |             |             |             |             |              |              |              |              |              |                |
|----------------|------------------|------------|------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|----------------|
| <b>Points</b>  | <b>Distances</b> |            |            |             |             |             |             |             |             |              |              |              |              |              |                |
|                | <b>50m</b>       | <b>60m</b> | <b>80m</b> | <b>100m</b> | <b>200m</b> | <b>300m</b> | <b>400m</b> | <b>600m</b> | <b>800m</b> | <b>1000m</b> | <b>1200m</b> | <b>1500m</b> | <b>3000m</b> | <b>5000m</b> | <b>10.000m</b> |
| <b>37.4</b>    | 6.63             | 7.95       | 10.03      | 12.27       | 25.18       | 40.92       | 57.6        | 1.35.9      | 2.13.0      | 2.55.1       | 3.36.0       | 4.37.4       | 10.08.0      | 17.38.0      | 37.18.0        |
| <b>37.3</b>    | 6.64             | 7.96       | 10.04      | 12.29       | 25.22       | 41.00       | 57.7        | 1.36.1      | 2.13.3      | 2.55.5       | 3.36.4       | 4.38.0       | 10.10.0      | 17.40.0      | 37.24.0        |
| <b>37.2</b>    | 6.65             | 7.97       | 10.06      | 12.31       | 25.27       | 41.09       | 57.8        | 1.36.3      | 2.13.5      | 2.55.8       | 3.36.9       | 4.38.6       | 10.11.0      | 17.43.0      | 37.29.0        |
| <b>37.1</b>    | 6.66             | 7.98       | 10.08      | 12.33       | 25.32       | 41.17       | 57.9        | 1.36.5      | 2.13.8      | 2.56.2       | 3.37.3       | 4.39.2       | 10.12.0      | 17.46.0      | 37.35.0        |
| <b>37.0</b>    | 6.67             | 7.99       | 10.10      | 12.35       | 25.36       | 41.25       | 58.0        | 1.36.7      | 2.14.1      | 2.56.6       | 3.37.8       | 4.39.8       | 10.14.0      | 17.48.0      | 37.41.0        |
| <b>36.9</b>    | 6.68             | 8.00       | 10.11      | 12.37       | 25.41       | 41.33       | 58.1        | 1.36.9      | 2.14.3      | 2.56.9       | 3.38.3       | 4.40.4       | 10.15.0      | 17.51.0      | 37.46.0        |
| <b>36.8</b>    | 6.69             | 8.02       | 10.13      | 12.39       | 25.46       | 41.42       | 58.3        | 1.37.1      | 2.14.6      | 2.57.3       | 3.38.8       | 4.41.0       | 10.17.0      | 17.53.0      | 37.52.0        |
| <b>36.7</b>    | 6.70             | 8.03       | 10.14      | 12.41       | 25.50       | 41.50       | 58.4        | 1.37.3      | 2.14.9      | 2.57.7       | 3.39.2       | 4.41.6       | 10.18.0      | 17.56.0      | 37.58.0        |
| <b>36.6</b>    | 6.71             | 8.04       | 10.16      | 12.43       | 25.55       | 41.58       | 58.5        | 1.37.5      | 2.15.1      | 2.58.0       | 3.39.7       | 4.42.2       | 10.20.0      | 17.58.0      | 38.04.0        |
| <b>36.5</b>    | 6.72             | 8.05       | 10.18      | 12.45       | 25.60       | 41.66       | 58.6        | 1.37.7      | 2.15.4      | 2.58.4       | 3.40.2       | 4.42.9       | 10.21.0      | 18.01.0      | 38.10.0        |
| <b>36.4</b>    | 6.73             | 8.07       | 10.19      | 12.47       | 25.64       | 41.74       | 58.7        | 1.37.9      | 2.15.7      | 2.58.8       | 3.40.7       | 4.43.5       | 10.23.0      | 18.04.0      | 38.15.0        |
| <b>36.3</b>    | 6.74             | 8.08       | 10.20      | 12.49       | 25.69       | 41.82       | 58.9        | 1.38.1      | 2.15.9      | 2.59.1       | 3.41.2       | 4.44.1       | 10.24.0      | 18.06.0      | 38.21.0        |
| <b>36.2</b>    | 6.75             | 8.09       | 10.22      | 12.51       | 25.74       | 41.91       | 59.0        | 1.38.3      | 2.16.2      | 2.59.5       | 3.41.6       | 4.44.7       | 10.26.0      | 18.09.0      | 38.27.0        |
| <b>36.1</b>    | 6.76             | 8.10       | 10.24      | 12.53       | 25.78       | 41.99       | 59.1        | 1.38.5      | 2.16.4      | 2.59.9       | 3.42.1       | 4.45.4       | 10.27.0      | 18.11.0      | 38.33.0        |
| <b>36.0</b>    | 6.77             | 8.11       | 10.26      | 12.55       | 25.83       | 42.07       | 59.2        | 1.38.7      | 2.16.7      | 3.00.2       | 3.42.6       | 4.46.0       | 10.29.0      | 18.14.0      | 38.39.0        |
| <b>35.9</b>    | 6.78             | 8.13       | 10.27      | 12.57       | 25.88       | 42.16       | 59.3        | 1.38.9      | 2.17.0      | 3.00.6       | 3.43.0       | 4.46.6       | 10.30.0      | 18.16.0      | 38.45.0        |
| <b>35.8</b>    | 6.79             | 8.14       | 10.29      | 12.59       | 25.93       | 42.24       | 59.5        | 1.39.1      | 2.17.2      | 3.01.0       | 3.43.5       | 4.47.2       | 10.32.0      | 18.19.0      | 38.50.0        |
| <b>35.7</b>    | 6.80             | 8.15       | 10.30      | 12.61       | 25.97       | 42.33       | 59.6        | 1.39.3      | 2.17.5      | 3.01.3       | 3.44.0       | 4.47.8       | 10.33.0      | 18.21.0      | 38.56.0        |
| <b>35.6</b>    | 6.81             | 8.16       | 10.32      | 12.63       | 26.02       | 42.41       | 59.7        | 1.39.5      | 2.17.8      | 3.01.7       | 3.44.4       | 4.48.4       | 10.35.0      | 18.24.0      | 39.02.0        |
| <b>35.5</b>    | 6.82             | 8.17       | 10.33      | 12.65       | 26.07       | 42.50       | 59.8        | 1.39.7      | 2.18.1      | 3.02.1       | 3.44.9       | 4.49.0       | 10.36.0      | 18.27.0      | 39.08.0        |
| <b>35.4</b>    | 6.83             | 8.19       | 10.35      | 12.67       | 26.12       | 42.58       | 59.9        | 1.39.9      | 2.18.4      | 3.02.5       | 3.45.4       | 4.49.6       | 10.38.0      | 18.29.0      | 39.14.0        |
| <b>35.3</b>    | 6.84             | 8.20       | 10.36      | 12.69       | 26.16       | 42.67       | 1.00.1      | 1.40.1      | 2.18.7      | 3.02.8       | 3.45.9       | 4.50.3       | 10.39.0      | 18.32.0      | 39.20.0        |
| <b>35.2</b>    | 6.85             | 8.21       | 10.38      | 12.71       | 26.21       | 42.75       | 1.00.2      | 1.40.3      | 2.18.9      | 3.03.2       | 3.46.3       | 4.50.9       | 10.41.0      | 18.35.0      | 39.26.0        |
| <b>35.1</b>    | 6.86             | 8.23       | 10.40      | 12.73       | 26.26       | 42.83       | 1.00.3      | 1.40.5      | 2.19.2      | 3.03.6       | 3.46.8       | 4.51.5       | 10.42.0      | 18.37.0      | 39.32.0        |
| <b>35.0</b>    | 6.87             | 8.24       | 10.42      | 12.75       | 26.31       | 42.91       | 1.00.4      | 1.40.7      | 2.19.5      | 3.04.0       | 3.47.3       | 4.52.2       | 10.44.0      | 18.40.0      | 39.38.0        |
| <b>34.9</b>    | 6.88             | 8.25       | 10.43      | 12.78       | 26.36       | 43.00       | 1.00.5      | 1.40.9      | 2.19.8      | 3.04.4       | 3.47.7       | 4.52.8       | 10.45.0      | 18.43.0      | 39.45.0        |
| <b>34.8</b>    | 6.89             | 8.27       | 10.45      | 12.80       | 26.41       | 43.09       | 1.00.6      | 1.41.1      | 2.20.1      | 3.04.8       | 3.48.2       | 4.53.4       | 10.47.0      | 18.45.0      | 39.51.0        |
| <b>34.7</b>    | 6.90             | 8.28       | 10.47      | 12.82       | 26.46       | 43.17       | 1.00.7      | 1.41.3      | 2.20.4      | 3.05.1       | 3.48.7       | 4.54.1       | 10.48.0      | 18.48.0      | 39.57.0        |
| <b>34.6</b>    | 6.91             | 8.29       | 10.48      | 12.84       | 26.51       | 43.26       | 1.00.8      | 1.41.5      | 2.20.7      | 3.05.5       | 3.49.2       | 4.54.7       | 10.50.0      | 18.51.0      | 40.03.0        |
| <b>34.5</b>    | 6.92             | 8.30       | 10.50      | 12.86       | 26.56       | 43.35       | 1.00.9      | 1.41.7      | 2.21.0      | 3.05.9       | 3.49.7       | 4.55.4       | 10.51.0      | 18.54.0      | 40.09.0        |
| <b>34.4</b>    | 6.93             | 8.31       | 10.52      | 12.88       | 26.61       | 43.44       | 1.01.0      | 1.41.9      | 2.21.2      | 3.06.3       | 3.50.1       | 4.56.0       | 10.53.0      | 18.56.0      | 40.15.0        |
| <b>34.3</b>    | 6.94             | 8.33       | 10.53      | 12.90       | 26.66       | 43.53       | 1.01.2      | 1.42.1      | 2.21.5      | 3.06.7       | 3.50.6       | 4.56.7       | 10.54.0      | 18.59.0      | 40.21.0        |
| <b>34.2</b>    | 6.95             | 8.34       | 10.55      | 12.93       | 26.71       | 43.61       | 1.01.3      | 1.42.4      | 2.21.8      | 3.07.1       | 3.51.1       | 4.57.3       | 10.56.0      | 19.02.0      | 40.27.0        |
| <b>34.1</b>    | 6.96             | 8.35       | 10.57      | 12.95       | 26.76       | 43.70       | 1.01.4      | 1.42.6      | 2.22.1      | 3.07.5       | 3.51.6       | 4.58.0       | 10.57.0      | 19.05.0      | 40.33.0        |

| <b>COURSES</b> |                  |            |            |             |             |             |             |             |             |              |              |              |              |              |                |
|----------------|------------------|------------|------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|----------------|
| <b>Points</b>  | <b>Distances</b> |            |            |             |             |             |             |             |             |              |              |              |              |              |                |
|                | <b>50m</b>       | <b>60m</b> | <b>80m</b> | <b>100m</b> | <b>200m</b> | <b>300m</b> | <b>400m</b> | <b>600m</b> | <b>800m</b> | <b>1000m</b> | <b>1200m</b> | <b>1500m</b> | <b>3000m</b> | <b>5000m</b> | <b>10.000m</b> |
| <b>34.0</b>    | 6.97             | 8.36       | 10.59      | 12.97       | 26.81       | 43.79       | 1.01.6      | 1.42.8      | 2.22.4      | 3.07.9       | 3.52.1       | 4.58.6       | 10.59.0      | 19.07.0      | 40.39.0        |
| <b>33.9</b>    | 6.98             | 8.38       | 10.60      | 13.00       | 26.86       | 43.88       | 1.01.7      | 1.43.0      | 2.22.7      | 3.08.3       | 3.52.6       | 4.59.3       | 11.00.0      | 19.10.0      | 40.46.0        |
| <b>33.8</b>    | 6.99             | 8.39       | 10.62      | 13.02       | 26.91       | 43.96       | 1.01.8      | 1.43.2      | 2.23.0      | 3.08.7       | 3.53.1       | 4.59.9       | 11.02.0      | 19.13.0      | 40.52.0        |
| <b>33.7</b>    | 7.00             | 8.40       | 10.64      | 13.04       | 26.96       | 44.05       | 1.02.0      | 1.43.4      | 2.23.3      | 3.09.1       | 3.53.6       | 5.00.6       | 11.03.0      | 19.16.0      | 40.58.0        |
| <b>33.6</b>    | 7.02             | 8.41       | 10.65      | 13.06       | 27.01       | 44.14       | 1.02.1      | 1.43.6      | 2.23.6      | 3.09.5       | 3.54.1       | 5.01.2       | 11.05.0      | 19.19.0      | 41.05.0        |
| <b>33.5</b>    | 7.03             | 8.42       | 10.67      | 13.08       | 27.07       | 44.23       | 1.02.2      | 1.43.8      | 2.23.9      | 3.09.9       | 3.54.6       | 5.01.9       | 11.06.0      | 19.22.0      | 41.11.0        |
| <b>33.4</b>    | 7.04             | 8.44       | 10.69      | 13.10       | 27.12       | 44.32       | 1.02.4      | 1.44.0      | 2.24.2      | 3.10.3       | 3.55.1       | 5.02.5       | 11.08.0      | 19.24.0      | 41.17.0        |
| <b>33.3</b>    | 7.05             | 8.45       | 10.70      | 13.13       | 27.17       | 44.41       | 1.02.5      | 1.44.2      | 2.24.5      | 3.10.7       | 3.55.6       | 5.03.2       | 11.09.0      | 19.27.0      | 41.24.0        |
| <b>33.2</b>    | 7.06             | 8.46       | 10.72      | 13.15       | 27.22       | 44.50       | 1.02.6      | 1.44.5      | 2.24.8      | 3.11.1       | 3.56.1       | 5.03.8       | 11.11.0      | 19.30.0      | 41.30.0        |
| <b>33.1</b>    | 7.07             | 8.47       | 10.74      | 13.17       | 27.27       | 44.59       | 1.02.7      | 1.44.7      | 2.25.1      | 3.11.5       | 3.56.6       | 5.04.5       | 11.12.0      | 19.33.0      | 41.36.0        |
| <b>33.0</b>    | 7.08             | 8.49       | 10.76      | 13.19       | 27.32       | 44.68       | 1.02.9      | 1.44.9      | 2.25.4      | 3.11.9       | 3.57.1       | 5.05.2       | 11.14.0      | 19.35.0      | 41.42.0        |
| <b>32.9</b>    | 7.09             | 8.50       | 10.77      | 13.22       | 27.37       | 44.77       | 1.03.0      | 1.45.1      | 2.25.7      | 3.12.3       | 3.57.6       | 5.05.8       | 11.15.0      | 19.38.0      | 41.49.0        |
| <b>32.8</b>    | 7.10             | 8.52       | 10.79      | 13.24       | 27.42       | 44.86       | 1.03.1      | 1.45.3      | 2.26.0      | 3.12.7       | 3.58.2       | 5.06.5       | 11.17.0      | 19.41.0      | 41.55.0        |
| <b>32.7</b>    | 7.11             | 8.53       | 10.80      | 13.26       | 27.47       | 44.95       | 1.03.2      | 1.45.5      | 2.26.3      | 3.13.1       | 3.58.7       | 5.07.1       | 11.18.0      | 19.44.0      | 42.01.0        |
| <b>32.6</b>    | 7.12             | 8.54       | 10.82      | 13.28       | 27.52       | 45.04       | 1.03.4      | 1.45.7      | 2.26.6      | 3.13.5       | 3.59.2       | 5.07.8       | 11.20.0      | 19.47.0      | 42.08.0        |
| <b>32.5</b>    | 7.13             | 8.56       | 10.84      | 13.30       | 27.58       | 45.13       | 1.03.6      | 1.45.9      | 2.26.9      | 3.14.0       | 3.59.7       | 5.08.5       | 11.21.0      | 19.50.0      | 42.14.0        |
| <b>32.4</b>    | 7.14             | 8.57       | 10.86      | 13.33       | 27.63       | 45.22       | 1.03.8      | 1.46.1      | 2.27.2      | 3.14.4       | 4.00.2       | 5.09.1       | 11.23.0      | 19.53.0      | 42.21.0        |
| <b>32.3</b>    | 7.15             | 8.59       | 10.88      | 13.35       | 27.68       | 45.31       | 1.03.9      | 1.46.4      | 2.27.5      | 3.14.8       | 4.00.7       | 5.09.8       | 11.25.0      | 19.56.0      | 42.27.0        |
| <b>32.2</b>    | 7.16             | 8.60       | 10.90      | 13.37       | 27.73       | 45.40       | 1.04.0      | 1.46.6      | 2.27.8      | 3.15.2       | 4.01.2       | 5.10.5       | 11.26.0      | 19.58.0      | 42.34.0        |
| <b>32.1</b>    | 7.17             | 8.61       | 10.92      | 13.39       | 27.78       | 45.50       | 1.04.2      | 1.46.8      | 2.28.1      | 3.15.6       | 4.01.7       | 5.11.2       | 11.28.0      | 20.01.0      | 42.40.0        |
| <b>32.0</b>    | 7.18             | 8.63       | 10.94      | 13.41       | 27.83       | 45.59       | 1.04.3      | 1.47.0      | 2.28.4      | 3.16.0       | 4.02.3       | 5.11.8       | 11.30.0      | 20.04.0      | 42.46.0        |
| <b>31.9</b>    | 7.19             | 8.64       | 10.95      | 13.43       | 27.88       | 45.68       | 1.04.4      | 1.47.3      | 2.28.7      | 3.16.4       | 4.02.8       | 5.12.5       | 11.31.0      | 20.07.0      | 42.53.0        |
| <b>31.8</b>    | 7.20             | 8.65       | 10.97      | 13.46       | 27.94       | 45.78       | 1.04.6      | 1.47.5      | 2.29.0      | 3.16.8       | 4.03.4       | 5.13.2       | 11.33.0      | 20.10.0      | 42.59.0        |
| <b>31.7</b>    | 7.21             | 8.66       | 10.99      | 13.48       | 27.99       | 45.87       | 1.04.7      | 1.47.7      | 2.29.3      | 3.17.2       | 4.03.9       | 5.13.9       | 11.34.0      | 20.13.0      | 43.06.0        |
| <b>31.6</b>    | 7.22             | 8.67       | 11.00      | 13.50       | 28.04       | 45.96       | 1.04.8      | 1.47.9      | 2.29.6      | 3.17.7       | 4.04.4       | 5.14.6       | 11.36.0      | 20.18.0      | 43.13.0        |
| <b>31.5</b>    | 7.23             | 8.69       | 11.02      | 13.52       | 28.10       | 46.06       | 1.04.9      | 1.48.1      | 2.29.9      | 3.18.1       | 4.04.9       | 5.15.3       | 11.37.0      | 20.19.0      | 43.20.0        |
| <b>31.4</b>    | 7.24             | 8.70       | 11.04      | 13.54       | 28.15       | 46.15       | 1.05.1      | 1.48.3      | 2.30.2      | 3.18.5       | 4.05.4       | 5.16.0       | 11.39.0      | 20.22.0      | 43.26.0        |
| <b>31.3</b>    | 7.26             | 8.72       | 11.05      | 13.57       | 28.20       | 46.24       | 1.05.2      | 1.48.6      | 2.30.5      | 3.18.9       | 4.05.9       | 5.16.6       | 11.40.0      | 20.25.0      | 43.33.0        |
| <b>31.2</b>    | 7.27             | 8.74       | 11.07      | 13.59       | 28.26       | 46.34       | 1.05.3      | 1.48.8      | 2.30.8      | 3.19.3       | 4.06.5       | 5.17.3       | 11.42.0      | 20.28.0      | 43.39.0        |
| <b>31.1</b>    | 7.28             | 8.75       | 11.09      | 13.61       | 28.31       | 46.43       | 1.05.4      | 1.49.0      | 2.31.2      | 3.19.7       | 4.07.0       | 5.18.0       | 11.44.0      | 20.31.0      | 43.46.0        |
| <b>31.0</b>    | 7.29             | 8.76       | 11.11      | 13.63       | 28.36       | 46.53       | 1.05.6      | 1.49.2      | 2.31.5      | 3.20.1       | 4.07.5       | 5.18.7       | 11.45.0      | 20.34.0      | 43.52.0        |
| <b>30.9</b>    | 7.30             | 8.78       | 11.12      | 13.65       | 28.41       | 46.62       | 1.05.7      | 1.49.5      | 2.31.8      | 3.20.5       | 4.08.0       | 5.19.4       | 11.47.0      | 20.37.0      | 43.59.0        |
| <b>30.8</b>    | 7.31             | 8.80       | 11.14      | 13.68       | 28.47       | 46.72       | 1.05.8      | 1.49.7      | 2.32.1      | 3.21.0       | 4.08.5       | 5.20.1       | 11.48.0      | 20.40.0      | 44.06.0        |
| <b>30.7</b>    | 7.32             | 8.81       | 11.16      | 13.70       | 28.52       | 46.81       | 1.06.0      | 1.49.9      | 2.32.4      | 3.21.4       | 4.09.1       | 5.20.8       | 11.50.0      | 20.43.0      | 44.12.0        |

| COURSES |           |       |       |       |       |         |        |        |        |        |        |        |         |         |           |
|---------|-----------|-------|-------|-------|-------|---------|--------|--------|--------|--------|--------|--------|---------|---------|-----------|
| Points  | Distances |       |       |       |       |         |        |        |        |        |        |        |         |         |           |
|         | 50m       | 60m   | 80m   | 100m  | 200m  | 300m    | 400m   | 600m   | 800m   | 1000m  | 1200m  | 1500m  | 3000m   | 5000m   | 10.000m   |
| 30.6    | 7.33      | 8.82  | 11.18 | 13.72 | 28.57 | 46.91   | 1.06.1 | 1.50.1 | 2.32.7 | 3.21.8 | 4.09.6 | 5.21.5 | 11.52.0 | 20.46.0 | 44.19.0   |
| 30.5    | 7.34      | 8.83  | 11.20 | 13.74 | 28.63 | 47.00   | 1.06.2 | 1.50.3 | 2.33.0 | 3.22.3 | 4.10.1 | 5.22.2 | 11.53.0 | 20.49.0 | 44.26.0   |
| 30.4    | 7.36      | 8.85  | 11.21 | 13.77 | 28.68 | 47.10   | 1.06.4 | 1.50.5 | 2.33.3 | 3.22.7 | 4.10.7 | 5.22.9 | 11.55.0 | 20.52.0 | 44.32.0   |
| 30.3    | 7.37      | 8.86  | 11.23 | 13.79 | 28.73 | 47.19   | 1.06.5 | 1.50.8 | 2.33.7 | 3.23.1 | 4.11.2 | 5.23.6 | 11.57.0 | 20.55.0 | 44.39.0   |
| 30.2    | 7.38      | 8.88  | 11.25 | 13.81 | 28.79 | 47.29   | 1.06.6 | 1.51.0 | 2.34.0 | 3.23.6 | 4.11.8 | 5.24.4 | 11.58.0 | 20.58.0 | 44.46.0   |
| 30.1    | 7.39      | 8.89  | 11.27 | 13.83 | 28.84 | 47.38   | 1.06.7 | 1.51.3 | 2.34.3 | 3.24.0 | 4.12.3 | 5.25.1 | 12.00.0 | 21.01.0 | 44.52.0   |
| 30.0    | 7.40      | 8.90  | 11.29 | 13.86 | 28.90 | 47.48   | 1.06.9 | 1.51.5 | 2.34.6 | 3.24.4 | 4.12.9 | 5.25.8 | 12.02.0 | 21.05.0 | 44.59.0   |
| 29.5    | 7.45      | 8.97  | 11.38 | 13.97 | 29.17 | 47.96   | 1.07.6 | 1.52.6 | 2.35.2 | 3.26.6 | 4.15.6 | 5.29.4 | 12.11.0 | 21.20.0 | 45.33.0   |
| 29.0    | 7.51      | 9.04  | 11.48 | 14.09 | 29.45 | 48.45   | 1.08.3 | 1.53.7 | 2.37.8 | 3.28.8 | 4.18.4 | 5.33.0 | 12.19.0 | 21.35.0 | 46.08.0   |
| 28.5    | 7.57      | 9.10  | 11.57 | 14.21 | 29.72 | 48.94   | 1.09.0 | 1.54.8 | 2.39.5 | 3.31.0 | 4.21.2 | 5.36.7 | 12.28.0 | 21.51.0 | 46.44.0   |
| 28.0    | 7.63      | 9.18  | 11.65 | 14.33 | 30.00 | 49.44   | 1.09.6 | 1.56.0 | 2.41.1 | 3.33.2 | 4.23.9 | 5.40.4 | 12.37.0 | 22.07.0 | 47.20.0   |
| 27.5    | 7.69      | 9.25  | 11.75 | 14.45 | 30.28 | 49.94   | 1.10.3 | 1.57.1 | 2.42.8 | 3.35.5 | 4.26.8 | 5.44.1 | 12.45.0 | 22.23.0 | 47.57.0   |
| 27.0    | 7.75      | 9.32  | 11.85 | 14.57 | 30.57 | 50.46   | 1.11.0 | 1.58.3 | 2.44.5 | 3.37.8 | 4.29.7 | 5.47.8 | 12.54.0 | 22.40.0 | 48.34.0   |
| 26.5    | 7.81      | 9.40  | 11.95 | 14.70 | 30.87 | 50.97   | 1.11.7 | 1.59.6 | 2.46.2 | 3.40.2 | 4.32.6 | 5.51.7 | 13.03.0 | 22.57.0 | 49.11.0   |
| 26.0    | 7.87      | 9.48  | 12.05 | 14.82 | 31.17 | 51.49   | 1.12.5 | 2.00.8 | 2.47.9 | 3.42.6 | 4.35.6 | 5.55.6 | 13.12.0 | 23.14.0 | 49.49.0   |
| 25.5    | 7.93      | 9.55  | 12.15 | 14.95 | 31.47 | 52.01   | 1.13.2 | 2.02.0 | 2.49.7 | 3.44.9 | 4.38.6 | 5.59.6 | 13.21.0 | 23.31.0 | 50.27.0   |
| 25.0    | 7.99      | 9.63  | 12.25 | 15.07 | 31.77 | 52.54   | 1.14.0 | 2.03.3 | 2.51.5 | 3.47.3 | 4.41.6 | 6.00.6 | 13.31.0 | 23.48.0 | 51.06.0   |
| 24.5    | 8.05      | 9.70  | 12.35 | 15.20 | 32.07 | 53.07   | 1.14.7 | 2.04.5 | 2.53.3 | 3.49.7 | 4.44.7 | 6.07.6 | 13.41.0 | 24.05.0 | 51.46.0   |
| 24.0    | 8.11      | 9.78  | 12.45 | 15.33 | 32.37 | 53.62   | 1.15.5 | 2.05.8 | 2.55.1 | 3.52.1 | 4.47.8 | 6.11.6 | 13.51.0 | 24.23.0 | 52.26.0   |
| 23.5    | 8.17      | 9.86  | 12.55 | 15.46 | 32.68 | 54.16   | 1.16.2 | 2.07.1 | 2.56.9 | 3.54.6 | 4.50.9 | 6.15.9 | 14.00.0 | 24.41.0 | 53.06.0   |
| 23.0    | 8.24      | 9.94  | 12.65 | 15.59 | 33.00 | 54.71   | 1.17.0 | 2.08.4 | 2.58.8 | 3.57.1 | 4.54.1 | 6.20.1 | 14.10.0 | 24.59.0 | 53.47.0   |
| 22.5    | 8.30      | 10.02 | 12.75 | 15.73 | 33.32 | 55.27   | 1.17.8 | 2.09.7 | 3.00.6 | 3.59.7 | 4.57.3 | 6.24.3 | 14.20.0 | 25.18.0 | 54.29.0   |
| 22.0    | 8.36      | 10.10 | 12.86 | 15.86 | 33.64 | 55.83   | 1.18.6 | 2.11.0 | 3.02.5 | 4.02.3 | 5.00.6 | 6.28.5 | 14.30.0 | 25.18.0 | 55.11.0   |
| 21.5    | 8.42      | 10.18 | 12.97 | 16.00 | 33.97 | 56.40   | 1.19.4 | 2.12.4 | 3.04.4 | 4.04.9 | 5.03.8 | 6.32.8 | 14.41.0 | 25.37.0 | 55.53.0   |
| 21.0    | 8.49      | 10.26 | 13.08 | 16.13 | 34.30 | 56.98   | 1.20.2 | 2.13.8 | 3.06.3 | 4.07.5 | 5.07.1 | 6.37.1 | 14.52.0 | 25.56.0 | 56.36.0   |
| 20.5    | 8.55      | 10.34 | 13.19 | 16.27 | 34.63 | 57.56   | 1.21.0 | 2.15.1 | 3.08.3 | 4.10.1 | 5.10.5 | 6.41.6 | 15.03.0 | 26.15.0 | 57.20.0   |
| 20.0    | 8.63      | 10.42 | 13.30 | 16.41 | 34.97 | 58.14   | 1.21.8 | 2.16.4 | 3.10.3 | 4.12.9 | 5.13.9 | 6.46.1 | 15.13.0 | 26.35.0 | 58.04.0   |
| 19.5    | 8.69      | 10.50 | 13.41 | 16.56 | 35.31 | 58.73   | 1.22.6 | 2.17.8 | 3.12.3 | 4.15.6 | 5.17.3 | 6.50.7 | 15.24.0 | 26.55.0 | 58.49.0   |
| 19.0    | 8.76      | 10.59 | 13.52 | 16.70 | 35.66 | 59.34   | 1.23.5 | 2.19.2 | 3.14.4 | 4.18.4 | 5.20.8 | 6.55.3 | 15.35.0 | 27.15.0 | 59.35.0   |
| 18.5    | 8.83      | 10.67 | 13.63 | 16.85 | 36.01 | 59.94   | 1.24.3 | 2.20.7 | 3.16.4 | 4.21.2 | 5.24.4 | 7.00.0 | 15.46.0 | 27.35.0 | 1.00.21.0 |
| 18.0    | 8.90      | 10.76 | 13.74 | 17.00 | 36.36 | 1.00.60 | 1.25.2 | 2.22.1 | 3.18.5 | 4.23.9 | 5.27.9 | 7.04.7 | 15.57.0 | 27.56.0 | 1.01.07.0 |
| 17.5    | 8.97      | 10.85 | 13.85 | 17.14 | 36.72 | 1.01.20 | 1.26.1 | 2.23.6 | 3.20.5 | 4.26.8 | 5.31.6 | 7.09.5 | 16.08.0 | 28.17.0 | 1.01.54.0 |
| 17.0    | 9.04      | 10.94 | 13.97 | 17.29 | 37.08 | 1.01.80 | 1.27.0 | 2.25.1 | 3.22.7 | 4.29.7 | 5.35.2 | 7.14.2 | 16.20.0 | 28.38.0 | 1.02.42.0 |
| 16.5    | 9.11      | 11.02 | 14.09 | 17.44 | 37.44 | 1.02.50 | 1.27.9 | 2.26.6 | 3.24.8 | 4.32.6 | 5.38.9 | 7.19.0 | 16.31.0 | 28.59.0 | 1.03.30.0 |

| COURSES |           |       |       |       |       |         |        |        |        |        |        |         |         |         |           |
|---------|-----------|-------|-------|-------|-------|---------|--------|--------|--------|--------|--------|---------|---------|---------|-----------|
| Points  | Distances |       |       |       |       |         |        |        |        |        |        |         |         |         |           |
|         | 50m       | 60m   | 80m   | 100m  | 200m  | 300m    | 400m   | 600m   | 800m   | 1000m  | 1200m  | 1500m   | 3000m   | 5000m   | 10.000m   |
| 16.0    | 9.18      | 11.11 | 14.21 | 17.60 | 37.81 | 1.03.10 | 1.28.8 | 2.28.1 | 3.27.0 | 4.35.6 | 5.42.6 | 7.24.0  | 16.43.0 | 29.20.0 | 1.04.19.0 |
| 15.5    | 9.25      | 11.20 | 14.33 | 17.75 | 38.18 | 1.03.70 | 1.29.8 | 2.29.6 | 3.29.2 | 4.38.6 | 5.46.3 | 7.29.1  | 16.55.0 | 29.42.0 | 1.05.09.0 |
| 15.0    | 9.32      | 11.29 | 14.45 | 17.90 | 38.56 | 1.04.30 | 1.30.7 | 2.31.2 | 3.31.4 | 4.41.6 | 5.50.1 | 7.34.2  | 17.07.0 | 30.05.0 | 1.05.59.0 |
| 14.0    | 9.48      | 11.48 | 14.70 | 18.22 | 39.33 | 1.05.60 | 1.32.6 | 2.34.3 | 3.36.0 | 4.47.8 | 5.58.0 | 7.44.5  |         | 30.27.0 |           |
| 13.0    | 9.63      | 11.65 | 14.95 | 18.54 | 40.12 | 1.06.90 | 1.34.6 | 2.37.5 | 3.40.7 | 4.54.1 |        | 7.55.1  |         |         |           |
| 12.0    | 9.78      | 11.85 | 15.20 | 18.86 | 40.92 | 1.08.30 | 1.36.5 | 2.40.8 | 3.45.4 | 5.00.6 |        | 8.06.0  |         |         |           |
| 11.0    | 9.94      | 12.05 | 15.46 | 19.20 | 41.74 | 1.09.60 | 1.38.5 | 2.44.1 | 3.50.1 | 5.07.1 |        | 8.17.0  |         |         |           |
| 10.0    | 10.10     | 12.25 | 15.73 | 19.54 | 42.58 | 1.11.00 | 1.40.5 | 2.47.6 | 3.55.1 | 5.13.9 |        | 8.28.4  |         |         |           |
| 9.0     | 10.25     | 12.45 | 16.00 | 19.89 | 43.44 | 1.12.50 | 1.42.6 | 2.51.1 | 4.00.2 | 5.20.8 |        | 8.40.0  |         |         |           |
| 8.0     | 10.42     | 12.65 | 16.27 | 20.25 | 44.32 | 1.14.00 | 1.44.7 | 2.54.8 | 4.05.5 | 5.27.9 |        | 8.52.0  |         |         |           |
| 7.0     | 10.59     | 12.86 | 16.56 | 20.61 | 45.22 | 1.15.50 | 1.46.8 | 2.58.4 | 4.10.7 | 5.35.2 |        | 9.04.3  |         |         |           |
| 6.0     | 10.76     | 13.08 | 16.85 | 20.99 | 46.15 | 1.17.00 | 1.49.0 | 3.02.1 | 4.16.2 | 5.42.6 |        | 9.16.7  |         |         |           |
| 5.0     | 10.94     | 13.30 | 17.14 | 21.37 | 47.09 | 1.18.60 | 1.51.3 | 3.05.9 | 4.21.7 | 5.50.1 |        | 9.25.6  |         |         |           |
| 4.0     | 11.11     | 13.52 | 17.44 | 21.75 | 48.05 | 1.20.20 | 1.53.5 | 3.09.9 | 4.27.4 | 5.58.0 |        | 9.42.8  |         |         |           |
| 3.0     | 11.29     | 13.74 | 17.75 | 22.15 | 49.03 | 1.21.80 | 1.55.8 | 3.14.0 | 4.33.2 | 6.06.0 |        | 9.56.1  |         |         |           |
| 2.0     | 11.48     | 13.97 | 18.06 | 22.55 | 50.04 | 1.23.50 | 1.58.1 | 3.18.1 | 4.39.2 | 6.14.2 |        | 10.10.0 |         |         |           |
| 1.0     | 11.68     | 14.21 | 18.38 | 22.97 | 51.07 | 1.25.20 | 2.00.5 | 3.22.3 | 4.45.4 | 6.22.6 |        | 10.24.0 |         |         |           |